

## Hamilton Yoga Summer Timetable Dec 21 – Jan 24

DAY	LEVEL	TIME	TEACHER
<b>WEEK: December Monday 21 – Sunday 27</b>			
Monday	Open Level	10.00am	Amanda
Tuesday	Open Level	10.00am	Amanda
Wednesday	Open Level	10.00am	Amanda
Saturday	Open Level	10.00am	Amanda
Sunday	Open Level	10.00am	Amanda
<b>Closed Christmas Eve &amp; Christmas Day</b>			
<b>WEEK: December Monday 28 – January 3</b>			
Monday	Open Level	10.00am	Candace
Tuesday	Open Level	10.00am	Candace
Wednesday	Open Level	10.00am	Candace
Saturday	Open Level	10.00am	Candace
Sunday	Open Level	10.00am	Candace
<b>Closed New Years Eve &amp; New Years Day</b>			
<b>WEEK: January Monday 4 – Sunday 10</b>			
Monday to Thursday	Beginners Intensive Week 1	7.15pm	Harriet
Monday to Friday	Level 1 Intensive	8.00am	Candace
Monday	Level 1	10.00am	Candace
Monday	Level 1/2	5.30pm	Harriet
Tuesday	Level 1/2	5.30pm	Harriet
Wednesday	Level 1	10.00am	Candace
Thursday	Level 1/2	10.00am	Candace
Saturday	Level 2	7.00am	David
Saturday	Level 1	9.00am	David
Sunday	Level 2	10.00am	Amanda
Sunday	Level 1	12.00pm	Amanda
Sunday	Beginners	4.00pm	David

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DAY	LEVEL	TIME	TEACHER
<b>WEEK: January Monday 11 – Sunday 17</b>			
Monday to Thursday	Beginners Intensive Week 2	7.15pm	Candace
Monday to Thursday	Level 2 Intensive	6.00am	Amanda
Monday to Thursday	Blissful Restorative Intensive	8.00am	Amanda
Monday	Level 1	10.00am	David
Monday	Level 1/2	5.30pm	Candace
Tuesday	Level 1/2	5.30pm	Candace
Wednesday	Level 1	10.00am	David
Thursday	Level 1/2	10.00am	David
Saturday	Level 2	7.00am	David
Saturday	Level 1	9.00am	David
Sunday	Level 2	10.00am	Harriet
Sunday	Level 1	12.00pm	Harriet
Sunday	Beginners	4.00pm	David
<b>WEEK: January Monday 18 – Sunday 24</b>			
Monday	Level 1	10.00am	Candace
Monday	Level 1/2	5.30pm	Amanda
Tuesday	Level 1	6.00am	Candace
Tuesday	Level 3	10.00am	Amanda
Tuesday	Level 1	5.30pm	David
Tuesday	Beginners	7.30pm	David
Wednesday	Level 2	6.00am	David
Wednesday	Level 1	10.00am	David
Wednesday	Beginners	5.30pm	Amanda
Wednesday	Level 1	7.00pm	Amanda
Thursday	Level 1/2	10.00am	Candace
Thursday	Level 1/2	6.00pm	David
Saturday	Level 2	7.00am	David
Saturday	Level 1	9.00am	David
Sunday	Level 2	10.00am	Amanda
Sunday	Level 1	12.00pm	Amanda
Sunday	Beginners	4.00pm	Candace
<b>Class Length</b>			
Beginners	Blissful Restorative	60 mins	
Beginners Intensive		75 mins	
Level 1	Level 1/2	90 mins	
Level 2		105 mins	
Level 3		120 mins	

