

IN STUDIO CLASSES – for those who are fully vaccinated (also offered on zoom)		
Beginners	60 minutes	
Monday	7.30pm	Maria
Wednesday	5.30pm	Amanda
Friday	10.00am	Amanda
Saturday	11.00am	Michele
Sunday	4.00pm	Harriet
Level 1	90 minutes	
Wednesday	7.00pm	Amanda
Saturday	9.00am	Michele
Sunday	12.00pm	Maria
Sunday	5.30pm	Harriet
Level 1 & 2	90 minutes	
Monday	5.30pm	Amanda
Thursday	10.00am	Amanda
Level 2		
Sunday	10.00am	Amanda
Level 3	120 mins	
Tuesday	10am	Amanda
Bridge	70 minutes	
Monday	1.30pm	Amanda